

EGD Procedure: How to prepare

1. Have a light supper the **night prior** to procedure.
2. **DO NOT** have **ANYTHING** to eat or drink after **midnight** the night prior to the procedure.
3. **NO GUM** on the **DAY OF** your procedure.
4. You may take your morning medications if instructed to do so.
DO NOT TAKE ANY ASPIRIN OR BLOOD THINNERS (*Coudamin, Plavix, Ibuprofen, Aleve, and some arthritis medications*) **4 DAYS PRIOR TO PROCEDURE!!!!**
5. You **MUST** have **transportation back home** from the procedure or you must reschedule.

If you have any questions, please contact our office at 615-449-6222.